

# The *Adolescent* Journey

## WORKBOOK

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# INDIVIDUATION

## IDENTITY

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## PURPOSRE AND AUTONOMY

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## BELONGING

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# TIME & DURATION

## PUBERTY & CULTURE

Pre 1900s	14.5	16
1980	13	18-20
Today		

WHAT ARE THE REASONS FOR THIS CHANGE?

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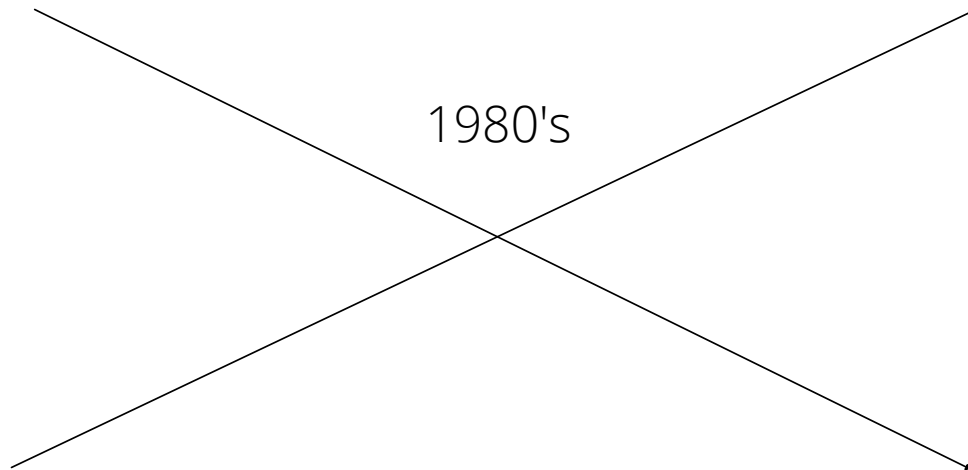
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# ADOLESCENTS TODAY

## THE SITUATION ADOLESCENTS ARE IN TODAY



"These two trends have created a serious problem in our country, indeed a crisis."

*Dr. James Comer, Yale*

*Carnegie Corporation's Commission on Youth Development and Community Programs, 1989*

WHAT ARE THE RESONS FOR THIS CHANGE?

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# WHAT CAN WE DO?

SOCIAL CAPITAL:

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SOCIAL SCAFFOLDING:

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THINK OF ONE PERSON WHO INVESTED IN YOU AS AN ADOLESCENT.

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SHARE ONE THING THEY DID FOR YOU THAT MADE A DIFFERENCE

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# ADOLESCENT RESPONSE

## HOW ADOLESCENTS HAVE RESPONDED TO ABANDONMENT

PEER AND FRIENDSHIP:

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THE PHENOMENON OF CLUSTERS:

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# MULTIPLE CANDLES

ADOLESCENTS OFTEN HAVE MULTIPLE CANDLES  
BURNING

CONTEXT:

SCHOOL, FAMILY, CHURCH, FRIENDS, YOUTUBE, INSTAGRAM, TIK  
TOK, FACEBOOK, TWITTER, TUMBLER, SNAPCHAT ETC.

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NOTE:

THEY NEED TO EVENTUALLY BRING THESE MULTIPLE IDENTITIES  
TOGETHER INTO ONE CANDLE AND RESOLVES AS ONE  
PERSON.

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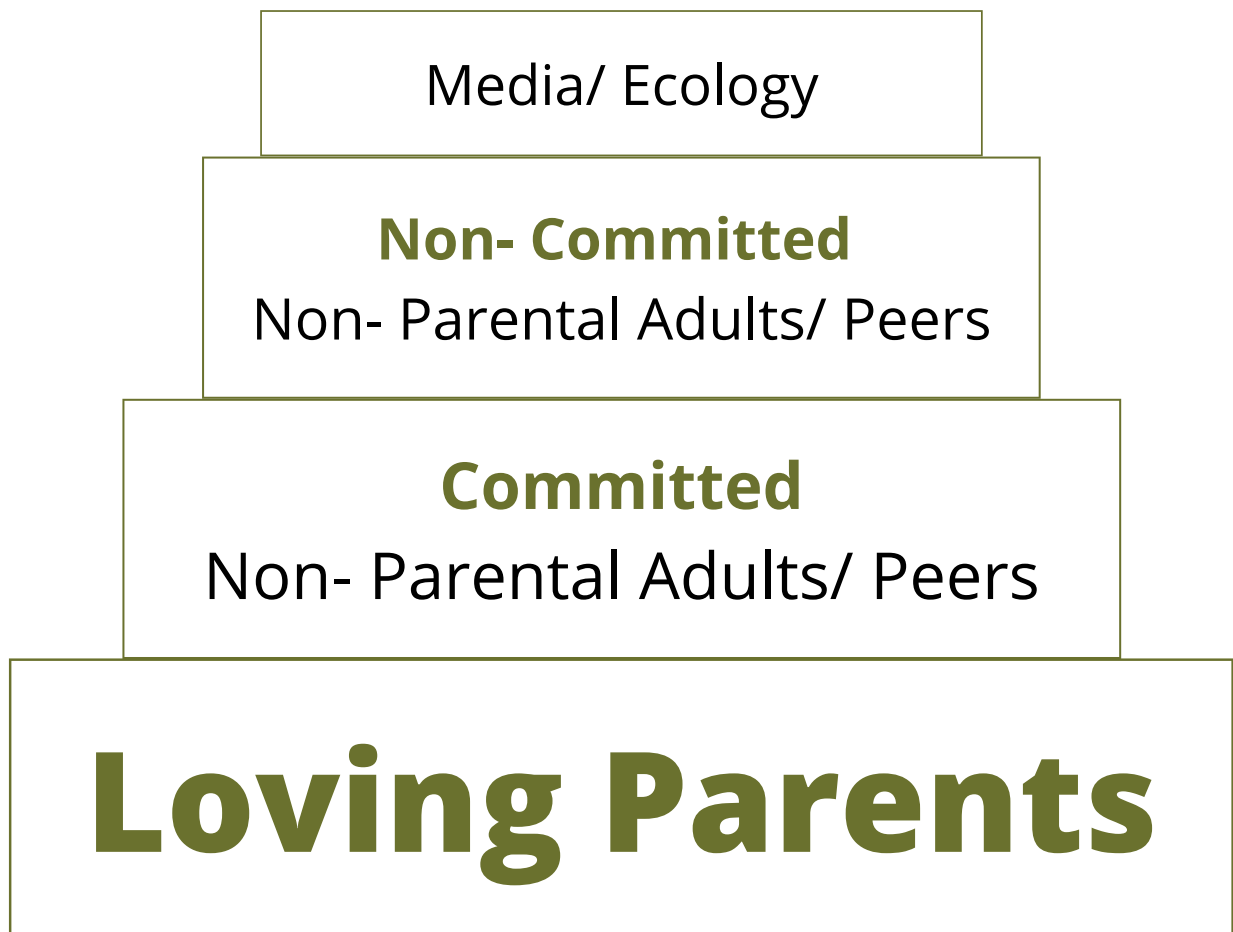
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# SPHERES OF INFLUENCE

## THE 4 SPHERES OF ADOLESCENT INFLUENCE

*Urie Bronfenbrenner*



# ADOLESCENT NEEDS

## WHAT AN ADOLESCENT NEEDS

*John Bowlby*

Early

Mid

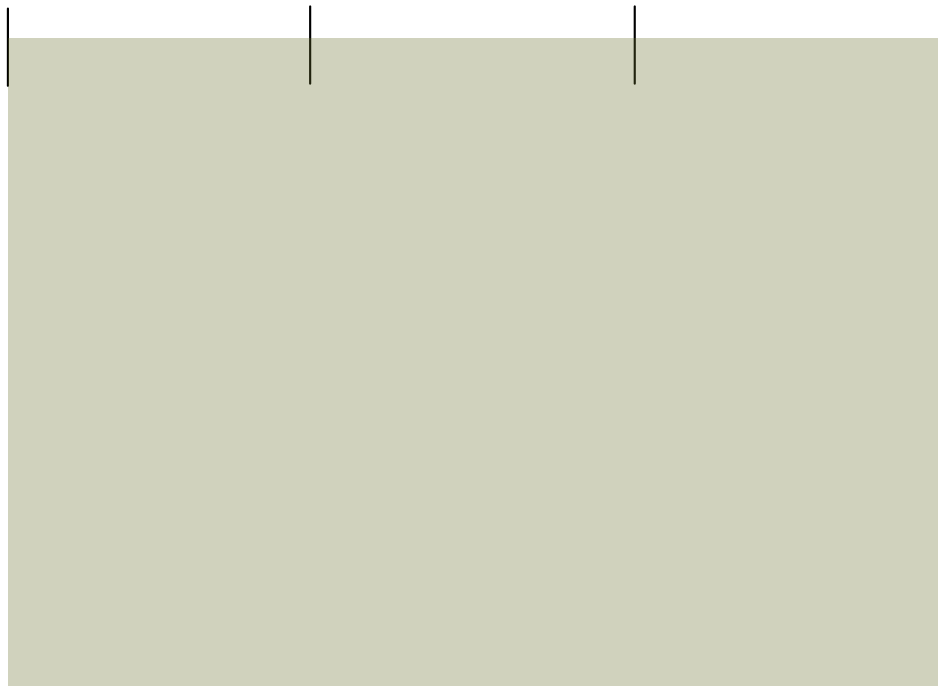
Late

11 / 12

14 / 15

19 / 21

Mid to late 20s



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HOW DID YOUR PARENTS NAVIGATE THEIR PARENTING STYLE  
DURING YOUR TEENAGE YEARS?

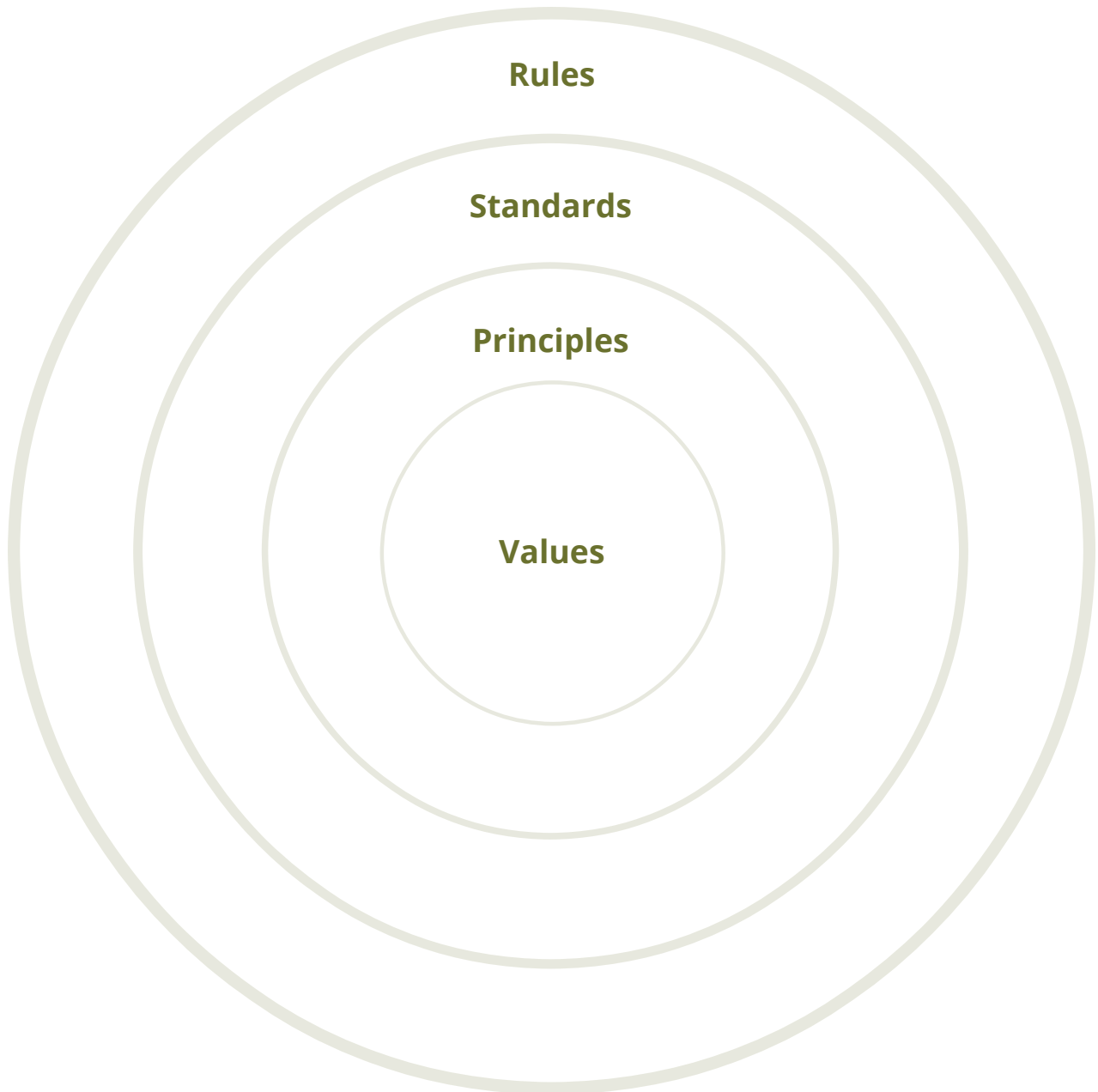
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# CORE VALUES



# BIBLE TEXTS

## 1 THESSALONIANS 2: 6-8 & 11-12

AS APOSTLES OF CHRIST, WE COULD HAVE BEEN A BURDEN TO YOU, BUT WE WERE  
GENTLE AMONG YOU,  
LIKE A MOTHER CARING FOR HER LITTLE CHILDREN.  
WE LOVED YOU SO MUCH THAT WE WERE DELIGHTED  
TO SHARE WITH YOU NOT ONLY THE GOSPEL OF GOD  
BUT OUR LIVES AS WELL,  
BECAUSE YOU HAD BECOME SO DEAR TO US.

FOR YOU KNOW THAT WE DEALT WITH EACH OF YOU  
AS A FATHER DEALS WITH HIS OWN CHILDREN,  
ENCOURAGING, COMFORTING AND URGING YOU  
TO LIVE LIVES WORTHY OF GOD,  
WHO CALLS YOU INTO HIS KINGDOM AND GLORY.

# APPLICATIONS

LIST THE WAYS YOU COULD ASSIST YOUR YOUNG  
PEOPLE ALONG THEIR ADOLESCENT JOURNEY

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*South Pacific*

**MINISTRY AND STRATEGY**

This is a resource of the Ministry and Strategy Team of the  
South Pacific Division